

DRIMLABARRA HERB FARM



Imbolc Full Moon 2014 Newsletter

First Nettles up, flowers on the gorse and the Peach tree in the geodesic dome is beginning to flower, Spring is afoot amidst the gales and snow flurries!

New workshops for 2014:

Canada calls again: we have been invited to teach again on **Vancouver Island**, first 2 weekends of August <http://www.veganherbal.com/attuning-to-plants-herbal-intensive-experiential-herbal-medicine>

Whitehawk Hill Herb Walk 5.30-7pm £7/5 & Supper & Songs of the Earth Suggested donation £5 **Sat 29th Mar** after VegFest Followed by **Herbal Intensive on Constitutional Temperaments on Sun 30th Mar** and Attuning to Plants and Herbal Energetics **Sat 30th -Sun 31st Aug** with Maureen & Keith Robertson & Sara Jane Glendinning at **The Coachouse, Brighton & Fri 29th Aug 2-5 £30**

For Practitioners only PTB Seminar on the Therapeutic Use of the Poisonous Herbs & Herb Walk at the Glasgow Botanic 14th-15th June with Keith Robertson, Glasgow (NIMH CPD)
Gorse at Drimlabarra

Main workshop dates for 2014 @Drimlabarra Herb Farm

Practical Herbal Medicine Making & Plant Identification for Wild Food Foraging
Sat 10th-Sun 11th May

Food as Medicine & Spring Detox with optional Yoga for Detox
Sat 18th-Sun 19th May

Immune Health with Herbs & Build Your Own Herbal First Aid Kit
Sat 21st -Sun 22nd June

Energy and Stamina using Herbs & Essential Oils + Plant Meditation
Sat 28th-Sun 29th July

Harvest Time - Gathering the Self
Sat 6th-Sun 7th September
Costs for all weekends are £60/day incl Lunch and all medicine making materials

ALSO 1 year Introductory Herbal Correspondence Course and Herbal Apprenticeship Programme- 2 places

www.veganherbal.com

CONTACT TEL: 01770 820 338

OPEN DAY Sat June 1st 12-5pm

